



## Healing the world<sup>1</sup>

“[The] planet is in need of healing.”

“Each of us has an opportunity to contribute to a better world through the...personal choices we make.”

“All change begins with awareness – awareness of the current situation...and awareness of the...creativity that exists within each of us to catalyze the transformation.”

“As more people shift their inner attitude...we will see an expanding sense of both individual and collective responsibility...to contribute to the healing of the world.”<sup>1</sup>

### REFERENCE

- 1 Chopra.D and Simon.D (2004)  
*The seven spiritual laws of yoga.*  
John Wiley and Sons.

