



Exiles on the Earth

Listen carefully above the city's din,
blackbirds still sing.

We have become exiles on the Earth.

Locked in brick caves and TV flickering images we no longer walk in sunshine among the trees. We are no longer aware of passing seasons or of the rising sun and subtle dance of the moon. We no longer live in nature and know nothing of the animals and plants beyond our door. We have forgotten the Earth and are slowly killing her.

We have become exiles on the Earth.

We live artificial lives. Our science, machines and petroleum fuelled progress do not enrich us but remove us more, and more, from the Earth. This ignorance is the cause of our disorientation and alienation. In pursuit of materialism we have lost our connection with the spirit of the Earth.

"Live in modest harmony with
Nature,
feeling kinship with all things"¹

Awaken!

Step out of your box. Walk again on green grass beneath the arching sky - hear again the bird's song. Recognise the spirit of the Earth in all things and remember that all are interconnected. Re-join the immense community of life – love the Earth.

Awaken!

Sit quietly and dream in the sunshine. Sit quietly and listen - learn again to relate to the world around you. Remember that you are in and of nature. Take the Path towards reunion with the spirit that lies within and without you - return home

1 Jung.C (2002)
On Nature, Technology and Modern Life.
(Sabini.M Editor) (2008 Ed.)
North Atlantic Books.

